

A18.13
January 9, 2020

Lab # _____

The Endocrine Clinical Laboratory
Washington University School of Medicine

SEMEN INFORMATION SHEET

Date: _____ Physician: _____

Name: _____ Your Date of Birth: _____

Partner: _____ Partner Date of Birth _____

Date of last sexual activity (intercourse, masturbation): _____

Is this the total specimen? YES No
If "No", which portion was not collected? (First or Last portion) _____

Time collection was completed: _____ Collection Room Home

If collected at home, **was there any** spillage during transport? Yes No

Method of collection:
List any medications taken currently or within last 2 weeks _____
Have you had a fever in the past 7 days? Yes No

Procedure:
___ SEMEN ANALYSIS
___ RETROGRADE SEMEN ANALYSIS
___ ARTIFICIAL INSEMINATION
___ BANKING

Authorized Person Date Specimen ID Confirmed by Received by Time Received

Results of Semen Analysis will be send directly to your physician's office by the 2nd working day following your appointment.

We try to minimize sound distractions in the collection rooms and it is usually not a problem, but many men have found it helpful to have a music device to aid in this process, like an i-pod or a smart phone.

Turn Over/Read & Sign & Date Back

SEMEN COLLECTION INSTRUCTIONS

1. Please collect a semen specimen following 2-5 days of sexual abstinence (no intercourse, no masturbation, or any other form of ejaculation).
2. If needed, urinate prior to collecting your specimen. Clean the genital area well (including retracting the foreskin) with **warm water only**.
3. **Do not** use any lubricants (no baby oil, Vaseline, cream, etc.) to aid in specimen collection. These may be spermicidal.
4. Do not use vaginal or oral stimulation for collection unless you are collecting using a Seminal Collection Device (condom) as described below.
5. Collect **the entire specimen** in the sterile container provided by the laboratory. Expect between ½ to 1 teaspoon of fluid.
6. Please report if there is any spillage; describe which portion. (IMPORTANT!)
7. If the specimen is not produced by masturbation, a condom especially manufactured for this purpose must be used and can be obtained from our laboratory. Please don't use any other condoms for collection.
8. If the specimen is produced at home, please deliver it to laboratory within 1 hour of production. Please pick up a sterile container from the doctor's office prior to collection. Try to keep the specimen near body temperature and maintain in an upright position (e.g. inside a shirt pocket).
9. Label container and lid with your name, date of birth, and the date. **Fill out paperwork completely.** Place sample and paperwork into the turnstile. Turn sample around so that it is facing away from you and towards the laboratory. Ring the buzzer.

We may wish to contact you in the future to see if you would be interested in participating in a research study. Please indicate below if you are willing to be contacted about any research studies.

Yes, I agree to be contacted about research studies

No, I do not want to be contacted about research studies

Please contact the laboratory at 314-286-2400 with any questions. Thank you!

I, _____ (print your name) have read the above instructions prior to producing this semen specimen on (Date) _____ (sign your name)

IF SPECIMEN IS COLLECTED OFF-SITE AND DELIVERED BY PARTNER:

I, _____ (print your name) state that to the best of my knowledge, this is the specimen of _____ (print name of male partner).
(sign your name). Date: _____